**What is Tableaux?**

* Participants make still images with their bodies to represent a scene.
* There is no movement or talking in a tableaux.
* Tableaux can be used to explore a particular moment in a story, or drama, or to replicate a photograph, artwork or scene from real life.

**How it Works –**

1. Participants stand in a circle and a theme is given.

*Ex. Metamorphosis*

1. Scene, idea or picture to be represented is agreed upon by participants.

*Ex. Frog life cycle*

1. Each participant is assigned a “role” or part of the scene that they are to represent. The order in which they will present their still image is agreed upon at this time.

*Ex. 1. Egg 🡪 2. Tadpole 🡪 3 .Frogspawn 🡪 4. Frog*

1. Each participant develops their part independently, while other participants help by providing feedback – to help “sculpt” the image their partner is trying to present. Remember this is all done with minimal talking.
2. After each participant has developed their part, the tableaux is assembled with each participant performing their still image one at a time until the entire image is in place. This is done with NO TALKING, and the transitions between the still images need to be fluid.
3. The rest of the class gets to interpret what your tableaux represents.

**Ways to Rehearse Tableaux:**

1. Have a clear idea or theme to represent. Be sure to identify what still image each participant is going to present and in what order they are going to present them.
2. It sometimes helps to have a “director” as part of your group – someone who will step out of the image to look as the audience and consider elements of the tableaux like facial expressions, body posture or expression, levels, etc.
3. While you are developing your still image think about your: facial expression, body expression, height or position (levels) and a personal focus on the role you are trying to be.
4. Use any props that you might have available to help you “get into the role” that might be transformed or used from still image to still image. These can help with transitions between still images, or if you were performing a series of Tableaux could be used to transition from one to another.
5. Try going through your series of still images forward in time and backward to practice the transitions.

**Exit Slip**

I felt most comfortable in the image of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

The image of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ reminded me of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Watching the tableaux made me think of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

What skills are necessary to be successful in a drama class?

What drama skills did today’s activities practice?

Describe how you felt when we first gathered as a group today. Did that change over the session?

\*\*Complete the Self-Assessment Checklist on the back of this sheet for today’s session. Put your completed Exit Slip in your folder.